

Easy read



A national charity since 1911

Communication tips for people with hearing loss

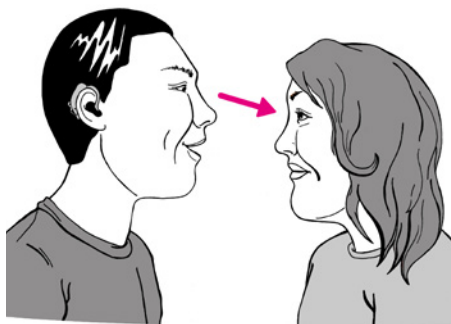


Developed in partnership
by Action on Hearing Loss
and CHANGE





Tell the person you're speaking to that you have hearing loss.



Ask people to look at you before they start talking.



Keep calm: if you get anxious, you might find it harder to hear what's being said.



Ask people to slow down and speak more clearly if you need them to.



If you don't hear what someone says, ask them to say it again or in a different way.



If your hearing is better in one ear, try turning that side towards the person speaking to you.



Stand in front of the person so you can see their face and lips. Their facial expressions will help you understand what they are saying.



Learn to lipread.
Everyone does this
a bit, especially in
noisy places.



Be kind to yourself!
No one hears
correctly all
the time.

Action on Hearing Loss Information Line

Telephone **0808 808 0123**

Textphone **0808 808 9000**

SMS text **0780 000 0360**

Email **information@hearingloss.org.uk**



**Action on Hearing Loss is the trading name of
The Royal National Institute for Deaf People.**

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